

## **SHEILA E. - "Queen of Percussion"**

One of life's constants for Sheila E. comes down to a simple phrase: follow the beat. And her impeccable inner rhythm is the pulse behind a trailblazing career that still knows no bounds.

Family, faith and music were guiding forces for Sheila E. growing up in the Bay Area. In addition to percussionist dad Pete, the Oakland, CA native counts former Santana member/Azteca founder Coke Escovedo and The Dragons front man Mario Escovedo as uncles. Fellow Latin star Tito Puente was her godfather. In addition to being weaned on Latin jazz and Motown, Sheila E. was exposed to a diverse array of Bay Area acts. Those influences ranged from the rock of Jefferson Airplane and the Grateful Dead to the R&B/pop of the Pointer Sisters and the funk of Sly & the Family Stone. "I used to sit on the corner outside of the local community center with Twinkies and 7-Up listening to Sly and Larry Graham rehearse," remembers Sheila E. "The sounds of the Bay Area molded me."

So it's no surprise that after such a music-immersive childhood, the gifted, world-class drummer and percussionist began amassing an impressive string of credits playing not only with her dad but also with pioneering talents like George Duke, Herbie Hancock, Marvin Gaye, Diana Ross, Lionel Richie, Prince, Ringo Starr, Gloria Estefan, Beyonce and Jennifer Lopez. Grammy Award-nominated singer/songwriter behind the seminal hits "The Glamorous Life" and "A Love Bizarre." A fearless multi-instrumentalist, equally proficient on guitar and bass, actress, mentor and philanthropist.

Following a Bay Area gig in the late '70s, Sheila E. met Prince backstage. Their *Purple Rain* recording sessions—including her vocals on the 1984 classic "Erotic City"—morphed into launching her solo career that same year. Debut album *The Glamorous Life* spun off the Grammy Award-nominated top 10 hit of the same name plus a second top 40 single "The Belle of St. Mark." Between her '80s tenure as drummer, songwriter and musical director for Prince's backup band, Sheila E. released two more solo albums (*Romance 1600* and *Sheila E.*) and scored another classic hit with "A Love Bizarre."

Sheila E.'s fierce, dynamic verve onstage has made her a major concert draw since the '90s. Along the way, she has acted in the films "Krush Groove", "The Adventures of Ford Fairlane", "Chasing Papi" and launched various music projects (E-Train, C.O.E.D., E Family Band). She added to her arsenal of credits performing on the 2012 Academy Awards with pop hitmaker Pharrell Williams and composer Hans Zimmer. Sheila E. was also among the roster of stars chosen to perform at the 2013 Kennedy Center Honors whose honorees included artists Herbie Hancock, Billy Joel and Carlos Santana.

Sheila E.'s producing, arranging, and performance talents have been showcased throughout the music and film industry with appearances on, The Academy Awards, The Latin Grammy Awards, BET Awards, The American Music Awards, The Kennedy Center Honors, The Summer Olympics, WOW Awards, ALMA's, and The Image Awards just to name a few. In 2010 Sheila was nominated for an Emmy Award for "Outstanding Music Direction" in recognition for her leadership as musical director for President Obama's *Performance at The White House: Fiesta Latina* and again more recently in 2020 for "Let's Go Crazy" Grammy Salute to Prince. Other projects, include *The E Family Now and Forever*, *Pete Escovedo Live at Stern Grove Festival* with her father Pete Escovedo, and brothers Juan

and Peter Michael Escovedo, *Sheila E. Live from Lugano Switzerland* DVD, *Silk Road* from the group Heavenease hailing from Japan, a literary biography released by Simon & Schuster Publishing Titled *The Beat of My Own Drum*, *ICON* Sheila's 2014 solo album and the single release *Girl Meets Boy* in memory of the late, great, Prince.

Away from the spotlight, music doubles as a source of healing and giving back for Sheila E. And that was part of the inspiration for penning the autobiography "The Beat of My Own Drum". Playing a perceived male instrument and working in a male dominated industry exacted a personal price—several years ago Sheila E. publicly acknowledged she was an abuse survivor. "The book was the beginning of the healing", says Sheila E. "I'd talked about working in a male-dominated industry in my ministry and addressed it in some of the song lyrics I'd written. But it was challenging to sit down and write about it in detail for the book. No one in my household told me I couldn't play drums because I was a girl. It wasn't until I was outside of the house and playing sessions. But through pain comes realization, understanding and the opportunity to help others overcome those challenges".

Sheila E. continues to produce and perform music throughout the world. Her last studio project and tour, *ICONIC*, was Sheila's effort to bring awareness to social issues and humanitarianism. Her 2020 single releases, "No Line" with the legendary Snoop Dogg, "Lemon Cake" & "Bailar" are Sheila's continued contribution to the music industry. The Queen of Percussion plans to release new music in 2022 Sheila E. is CEO of the entertainment company *StilettoFlats Inc.* located in Los Angeles California.

With no Google or YouTube artist script to follow back then, she says her career drive was propelled by one thing: "I just did it because I loved it. And that's what *Icon* represents. I started all this as Sheila Escovedo then became this persona named Sheila E. Now Sheila E. and Sheila Escovedo are the same person, still making music that comes from the heart."