



**NATIONAL
HEALTH
FOUNDATION**

NATIONAL HEALTH FOUNDATION

MISSION

To improve the health of under-resourced communities

VISION

That all people, regardless of who they are or where they live, can achieve their highest level of health.



**NATIONAL
HEALTH
FOUNDATION**



EST.
1973



Operating Recuperative
Care programs since

2010



Community Health Initiatives
since **2012**



**NATIONAL
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COMMUNITY INITIATIVES



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Youth Engagement &
Empowerment



Community-led
Built Environment
Improvements



Food Access
Initiatives
& Nutrition Programs



We build **coalitions** and **community leader groups** to ground our work in lived-experience, being led by those most impacted.

Pico-Union

- 40 Pico-Union residents and organizations
- In its 5th year of organizing/operating
- Success highlights:
 - 5-year Street Improvement and Beautification plan with LA DPW
 - Established community garden
 - Annual calendar of events that support resource infusion: health fairs, vaccine clinics & food distributions

South LA

- 140+ youth engaged
- 7 years of organizing/operating
- Success highlights:
 - 16 "Market Makeovers"
 - 3 Share Tables implemented with a state-wide guide for CDPH funded partners
 - Helped establish Park Equity Alliance and secure millions of dollars for park poor neighborhoods in LA

NHF's CalFresh Connection

Purpose: tackle food insecurity among under-resourced communities in Los Angeles by connecting households to CalFresh benefits and strengthening their access to affordable, healthy food.

How

NHF trains and hires local Promotores de Salud to engage with targeted communities across LA City and County through community events, workshops and presentations; then schedules appointments with interested participants to assist them through the CalFresh application.

Depending on the level of need, NHF's Promotores will help clients prep application materials, fill out the application, and/or monitor their status and approval process.

If approved, NHF Promotores will then provide 6 months of case management to ensure clients understand how to use their new benefit and troubleshoot any issues between the client and DPSS.

Promotores de Salud

Proven by research and program outcomes!

Seven Core roles and responsibilities!

Model and core activities!



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2023 Program outcomes because of Promotores!

2000+ application and program referrals!

313 households provided with 6-months of case management.

\$537,000 cash infused in the community via CalFresh EBT cards.

Significant drop in Hunger Vital Sign Scores!





Q & A



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