

## Communication from Public

**Name:** Dominic Engels  
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**Comments for Public Posting:** Revolution Foods was honored to partner with the City of Los Angeles to deliver meals to homebound seniors in need, and we are writing in support of Councilmember Heather Hutt’s motion to extend the funding for the Emergency Rapid Response Senior Meals Program, which serves some of the most vulnerable members of our community. There is a large and growing need for senior meal programs in Los Angeles. Nearly 40% of low-income seniors 60 and over in California face food insecurity, and Los Angeles has the largest estimated food-insecure population in the nation. A recent government report showed that Americans are spending a larger percentage of their income on food than at any time in the past 30 years, with food inflation outpacing overall inflation – hitting fixed-income seniors the hardest. Earlier this year, when Revolution Foods announced our partnership with the City of L.A. and shared a sign-up link, we received an influx of sign-ups from more than 800 seniors requesting home-delivered meals. Many of them shared significant health, mobility and transportation challenges that make it infeasible for them to get to senior centers daily for congregate meals. If the Emergency Rapid Response Senior Meals Program ends in August, many seniors with significant social and economic needs will be left without meals. The demand we have witnessed is enormous, as evidenced by a waitlist of more than 1400 seniors to receive these meals. The only alternative is the federally-funded C-2 homebound meal program, which adheres to strict requirements to deem a senior “homebound.” Los Angeles is a uniquely car-centric city, and many seniors who don’t qualify as “homebound” still cannot drive or safely walk the distances required to meet their daily needs for meals. The C2 program also requires significant resources to deliver hot meals every day to seniors. Revolution Foods offers an alternative model, delivering five frozen meals once per week, which seniors can reheat at their convenience. This model, which has been adopted by Kern County, is more cost effective and therefore expands access to a greater number of seniors in need. In addition to continuing the Emergency Rapid Response Senior Meals Program, Los Angeles could consider replicating a program we recently implemented at senior centers in the San Gabriel Valley. Revolution Foods offers seven frozen “grab-and-go” meals for pickup once a week at 17

senior centers served by the YWCA of San Gabriel Valley. Because Revolution Foods partnered with the online virtual community the Loop Village to offer seniors an opportunity to socialize from home, these grab-and-go meals meet the state requirements for congregate meal funding. Seniors find it much easier to travel to a center once a week rather than once every day. To help councilmembers understand how crucial it is to continue funding the Emergency Rapid Response Senior Meals Program, we have compiled a list of some of the comments seniors and their families submitted through our website. It is important to note that the need has not gone away since the pandemic. It has actually grown because of food inflation. The seniors most in need of this program are unable to travel to the committee meeting to advocate for their needs so we appreciate you taking the time to read their words in the attached file.

Sincerely, Dominic Engels, CEO of Revolution Foods

To help councilmembers understand how crucial it is to continue funding the Emergency Rapid Response Senior Meals Program, we have compiled a list of some of the comments seniors and their families submitted through our website. It is important to note that the need has not gone away since the pandemic. It has actually grown because of food inflation. The seniors most in need of this program are unable to travel to the committee meeting to advocate for their needs so we appreciate you taking the time to read their words below.

1. I have COPD and asthma, high blood pressure, can't walk far living on veterans clinic campus and do not have nearby access to shopping stores
2. 66 yr old senior no car underlying conditions
3. Parkinson's makes it difficult to prepare meals
4. I'm a single and low income person
5. I am an elderly over 65 years old on MediCal I want home delivered meals
6. I am 66 year old and needs assistance for additional food
7. 70 years of age living alone
8. I'm 63 and currently have diabetes and had double bypass surgery
9. A senior 91 year old will be pleased to have such a good benefit from this organization
10. Patient is requesting meals for herself and her spouse. Both age 79 and having more difficulty making meals for themselves
11. My husband and I are in our 70's and would benefit from the meals offered. Thank you
12. I can't walk bc both of my knees are swollen so bad, getting ready for surgery soon and have no one to help. I have gout and my diet is limited
13. I am 87 years old. I am homebound. I have many medical issues.
14. I will be 70 years old in May, Living on Social Security
15. My father is in need of free healthy prepared meals. He is widowed and alone
16. I'm a 63y ears disabled veteran housebound unable to fix meals.
17. I am actually submitting this for the above elderly woman who is 73. I actually live in PA and have been sending her food on Amazon and honestly I can not afford to do so. She told me today she could not even afford a loaf of bread and had one lean cuisine to last her for the rest of the week and that she is hungry. She is also afraid she is going to be homeless. She told me she only has social security and no savings. I also think she is having memory problems. - I have told her countless times food will be delivered from me tomorrow and she can not remember. Is this a free service you can help her with? She told me she could not afford meals on wheels or a delivery fee. If this is not an option and maybe you have another idea of free food. Thank you!
18. Interested in meals for Mom who resides in a Skilled Nursing Facility. I want to have meals delivered that I can then freeze and take to her when needed.
19. I am a 74 year old diabetic senior, and requesting aid for food delivery
20. I am senior who would like to receive meals
21. Senior who has mobility issues
22. It's difficult to prepare meals because getting worse arthritis, and back pain.
23. Food insecurity
24. I am 86 years old living with wife living on social security income only, and need assistance, PLEASE
25. I have Medi-Cal, I have fibromyalgia fatigue syndrome long covid I fell recently I'm recovering from the fall

26. I'm 89 years old and I can't use my stove anymore
27. I'm 81 yrs old and would appreciate receiving meals at home
28. I'm a 62 year old senior and would to receive meals. I live on a fixed income and sometimes I can't afford food
29. Eager to receive my first shipment; Hungry 1
30. I am a senior citizen on a fixed income living in Tarzana
31. I'm 63 years old and is unemployed
32. I am a senior about to turn 76. I have no means of transportation. Do you charge for this service? Is it weekly?
33. I am on social security disability, how do you qualify
34. I have limited mobility and would love meals, thanks
35. I have two pending Hip replacement and etc.
36. I am applying for Loy who does not have a computer. She is 75 and handicapped, living alone in North Hollywood.
37. For my mom who has dementia is 89 yrs old
38. Looking for meal delivery for my grandmother. Age 85
39. In need of food
40. I am 69 and in need of food svc. Have dietary needs
41. I am a social worker at a low income senior housing complex with 177 seniors on site in Panorama City. I wanted to know how would I be able to get services for the seniors at my site. I saw your news report last night and wanted to know more about the program.
42. I am 71 years old. I would like to receive meals.
43. I'm a senior citizen on a fixed income interested in your food delivery. How do I qualify for the program?
44. I'm 83 years old and have issues with leaving my house
45. This is my second request for help w/ meals. Im a senior citizen and I need s hip replacement, so I need help. I can't make ends meet anymore.
46. Blind senior with no income and in urgent need of meals
47. I'm a Senior Citizen, over 85 years needs free meals weekly. with free delivery. Thanks.
48. I am interested in receiving senior meals as I am not able to really cook for myself
49. I am 69 years old, I live in senior housing and I need meal assistance.
50. I need food for myself and my wife, too.
51. Food frozen or fresh. Need for me and husband
52. My husband and I are over the age of 75. We need help with meals since we do not have enough SSI to buy more food.
53. I am turning 64 years old. I am all by myself. I don't cook. I don't eat healthy. Many days I don't eat at all because it's too expensive these days. I rarely leave my house. I am agoraphobic too.
54. I need food
55. I am 77 years old. I live in Beverlywood (West LA). A kid hit my car head on last year. I am still recovering (my legs were crushed). I live alone and am home most of the time. Having food delivered would be a huge relief.
56. Elderly who is homebound
57. I am 98 years old and have limited mobility
58. Annette is 91 years old and homebound
59. Over sixty years old 2 recent strokes
60. I am recovering from a stroke unable to prepare my own meals
61. Am 75 year retired woman, Live on fixed income. Am by myself

62. 85 year old senior living alone
63. I am a diabetic.
64. 89 year old female not able to drive with some dementia
65. 84 year old with a pace maker
66. I have multiple sclerosis and have a difficult time standing to cook meals.
67. 67 year old - disabled & diabetic with Kaiser through Medicare on SSI
68. My husband is 94 and I am 91. I am on dialysis three times a week and need to eat low sodium food.
69. Diabetic and renal diet, if possible
70. I am applying on behalf of my parents (mom, dad), who are 75 years old and don't speak English.
71. 63 year old with chronic health, low income and no transportation
72. My Dad is 85 years old, he lost our Mom from Covid and has dementia. I am looking for help for meals.
73. I'm a senior living alone.
74. Need food
75. Hello, I'm signing up for my grandmother, she is currently disabled and struggles with food insecurity
76. Kidney dialysis
77. I suffer from HIV and hip replacement
78. I am a 93 years old Marine Corps veteran who can't walk, and would like to join your food program
79. I am 90 years old and I don't live near a grocery store. Please leave food on my porch. Thanks so much.
80. I am a 69 year old disabled woman. I live in low income housing in DTLA. I am having trouble making my food last each month. I would be so grateful for assistance with meals.
81. Thank you for the food
82. Nutrition support for my 73 yr old mom who's now home with in-home care - her neighbor gets delivery is how we learned of the service.
83. I'm in a wheelchair. I run out of food towards the end of the month all the time.
84. Looking at options for my 62 y/o disabled Mother. She lives in zip 90026
85. 81 soon and would really help me.
86. 86 Year old with dementia.
87. I need assistance for daily food
88. I'm a case manager at APAIT reaching out on behalf of my clients who are elderly, disabled (or both) and requiring community aid for food.
89. I am 82 yrs. Old
90. I am chronically ill and would like some assistance with free meals
91. I am a 74 year old man living alone with no family to help me with a tumor in my left leg which oft times limits my ability to walk successfully and lack of stamina and I need some help.
92. Please it's for my father in law is disabled has eye problems and can't walk without a walker he is a senior.
93. I am deaf. Please text me.
94. I'm 87 years old and live on my own. I don't drive anymore and it's difficult to depend on family to help get my groceries. I'm able to walk to the store, but it can't buy too much because it's too heavy to carry back.

95. Asking information for a friend that is totally house bound and ill, is there a cost? she does not have a cell phone or use email. 85 years old
96. Meals for husband who is home most of the day alone. 70 yr
97. Economic/physical difficulty--need assist with home delivered meals
98. Unable to walk, almost no teeth
99. I use walker
100. I'm 73 years old. And Physically disabled.
101. I am 83 years old and would appreciate your meals very much
102. need food
103. Homebound senior needing food
104. Hello, my name is Laura signing up my client for your food support.
105. This is for my elderly aunt with dementia.
106. Difficult to go shopping and prepare meals
107. I'm a disable senior & can't always go but food.
108. I'd really need meals and other services you may have
109. This is made at the request of her son. She is 82 years old, and recently widowed and has no mode of transport to the supermarket.
110. Yes we really need a food
111. How we can apply for meals? my husband is cancer survivor and last January still effects of half of his body numb and not speak well I also have few surgeries in my head but am strong back to cover and paid as well for some of his medical supplies and wheelchair, walker , and medications
112. I live by myself and I am 83 years old with several health issues
113. I am 65. I am having food insecurity. Please help.
114. I am a dialysis patient, in need of food services.
115. I am 81 years old and it is getting difficult to prepare healthy meals. I would like to see if I qualify for this program. I am 81 and live in LA
116. My mom is 93 plates in her leg I have been her caretaker borderline Disorder ADHD thank you re food 2 people
117. I previously made a REQUEST for my recently widowed ELDERLY mother. I changed the email to my own to better respond to messages as she sometimes does not have internet access.
118. I am blind I am in need food& delivery, also dog&cat
119. I'm 95 and don't drive anymore. I am currently eating a lot of frozen dinners
120. My father lives in the Park MEsa area of Los Angeles. He is in his 80s and is not able to drive or hear very well.
121. I am submitting this on behalf of my mother who would greatly benefit from this service. She is monolingual Spanish speaking and 68 years old who has had some health issues since 2022.
122. We have Four family. All family member, age over 60 years old.
123. As a senior I'd like to have food to fill in mid-month end of month which is when I'm running out.
124. I'm on \$1100 monthly social security, medical, and receive \$50/month in food assistance. I frequently go hungry and need additional food services.
125. I am 79 and disabled right now. I physically can't cook for myself.
126. I am making this request on behalf of my parents, Anastacio and Cupertino. They are both over 60.

127. I am 74 on SSA, pay 486 rent and short on money for food. I am single so I have to support myself and food is expensive.
128. Customer hard of hearing
129. I am 61 y.o. chronically disabled from Pain with lumbar and cervical and neck osteoarthritis and it includes not being able to walk or stand and dealing with grief and loss.
130. Ulcerative Colitis an autoimmune disease etc. not from California and I have 3 grown daughters who sometimes also need help
131. I am disabled and homebound
132. I am a legally blind 80 year old senior. I am interested in your healthy meal delivery service.
133. I am a senior (75 years old) interesting in learning more about receiving healthy meals/groceries.
134. I am an unemployed senior citizen
135. I'm a 64yo senior, cost of food and availability is killing my budget
136. I am very interested in this as I will be 64 in July and have trouble paying for my meals
137. My husband and I were injured in a car accident. We are in our 78 and 83 years old. Our car was wrecked. My husband had broken bones in his lower back and his left hand. There is a physical therapist who comes here to assist in his recovery. My right leg was injured and I
138. I have cellulitis at the moment, and lost my job and am unable to shop
139. I'm signing my mom & dad up. They are 59&56 but both don't work and have medical issues. They live together in a apartment
140. My mother is 89yrs old and wheelchair bound and can really use the assistance.
141. I am handicapped and the friend I live with has Alzheimer's the food stamps we get don't cover our needs .
142. I'm a senior currently caring for my husband who's disabled.
143. I am 75 years old, and would like to have food delivered. I am considered low income.
144. I live with my husband who has lung cancer. I cannot drive.
145. I am disabled and homebound and often not able to get out of bed. I am 81 and live alone. I receive my social security and my only source of money . This would really help me
146. I am 100 yrs old and would appreciate the free meals
147. I am 76 years old and disabled.
148. I am disabled in a walker
149. 87 years old the phone is Son's phone number
150. This is for my Dad, my mom recently passed away on Jan. 30th 2024 I'm worried about him not eating right.
151. Heart Condition low is salt diet
152. I am partially disabled with degenerative disc disease of the low back. It is difficult to drive and walk around with my low back pain.
153. 88 year old senior with walker and back problem and arthritis I have a hard time making meals and can't grocery shop for myself
154. I'm out of work and need all the help I can get
155. I am senior I have disability I need help with meal delivery
156. Dementia, Parkinsons', homebound

157. Disabled
158. On hospice care. Completely home bound and unable to cook meals.
159. Please provide me with more information of this for my mother, Shirley. She's 88 and I'm her daughter Sonya.
160. Hi My parents are 88 and 91 and mostly home bound. Can we receive meals?  
Thanks, Liane
161. Cantonese speaking senior who takes care of diabetic wife is starting to have transportation issues.
162. I am 75 years old and handicap and don't have drivers license. Hard for me to go buy food.
163. Due to surgeries I can't work
164. I am a senior of age 60 and would like to apply for the meal program.
165. Submitting for my mom who is 94 with dementia. My name is Theresa
166. I am a 69 year old female who receives disability. I am currently experiencing issues with arthritis.
167. I am homebound most of the time. I'm 69 years old with bad knees and anxiety issues
168. I'm disabled & can't always go grocery shopping
169. I'm a 69 year old Senior Citizen who is in need of emergency food. Thank you
170. I am a 70 year old senior retired citizen needing food.
171. I'm a 63 year old military vet retired. Need food help.
172. I'm disabled and unable to stand in order to prepare meals
173. I'm a male black living in the skidrow area. I don't have any income. I would appreciate the help.
174. I am Disabled And In Need Of Home Delivered Meals...Thank You Good Folks.
175. I am disabled and on Medicare
176. My father has profound dementia
177. we need for my wife and i
178. I am a 64 year old senior with degenerative polynomial osteoarthritis among other ailments which affects my mobility.
179. My mom is disability too
180. I am a 74-year-old man living alone. I live in the San Fernando valley, I want one meal a day
181. I am a disabled senior that is unable to shop and prepare meals on my own.
182. I do not eat if possible
183. I am interested in free home meal delivery. I am 65 and on disability and struggling financially. Thank you.